

Autism Speaks Tool Kits

For Young Children

100 Day Kit for Families of Newly Diagnosed Young Children with Autism (Ages 0-4)

A guide for the first 100 days following a diagnosis of autism. Also available in Spanish and other languages.

First Concern to Action

Provides families having concerns about their child's development with resources and tools to guide them on the journey from first concern to action.

For School Age Children

100 Day Kit for Families of Newly Diagnosed School Age Children with Autism (Ages 5-13)

A guide for the first 100 days following a diagnosis of autism. Also available in Spanish and other languages.

Individualized Education Program (IEP) Guide

Discusses IEP basics and includes information on getting, developing, changing and disputing IEPs.

Leading the Way: Autism-Friendly Youth Organizations

Better prepares community organizations to serve youth and families in the autism community.

School Community Tool Kit

Assists members of the school community in supporting students with autism.

Puzzle Piece Project

Resources and lesson plans to help schools increase understanding and acceptance of students with autism.

For Young Adults/Adults

Is It Autism and If So, What Next? A Guide for Adults

Provides information for young adults and adults who suspect they may have autism or have been recently diagnosed.

Community-Based Skills Assessment

Assesses individual strengths and challenges to develop an effective personalized transition plan.

Employment Tool Kit

Helps adults with autism research and find employment in the competitive labor market.

Housing and Residential Supports Tool Kit

Guides individuals and families as they identify and secure appropriate residential services.

Postsecondary Educational Opportunities Guide

Provides information about options available for individuals with autism after high school.

Transition Tool Kit

Guides families on the journey from adolescence to adulthood.

For All Ages

Advocacy Tool Kit

Aims to help individuals on the spectrum and their families develop and use critical advocacy skills in order to achieve the best possible outcomes.

Challenging Behaviors Tool Kit

Gives families strategies, information and resources on how to prevent and respond to challenging behaviors from their loved ones.

Dental Tool Kit

Information for dentists and families to make dental visits more successful.

Family Support Tool Kits

Teaches grandparents, parents, siblings and friends more about autism and how to best support their loved ones on the spectrum.

Special Needs Financial Planning Tool Kit

Provides essential information and guidance to help families develop a plan for their children's financial futures.

Tips for Successful Haircuts

Information for stylists and families to make haircuts more successful.

AS-ATN/AIR-P Tool Kits

The tool kits below are products of ongoing activities of Autism Speaks Autism Treatment Network (ATN) through its federal funding as the Autism Intervention Research Network on Physical Health.

Autism and Medication: Safe and Careful Use

Resource to help families work with their healthcare providers to make sure that medicine is taken safely and effectively.

Blood Draw Tool Kits for Parents and Professionals

Tools to help you and your child prepare for future medical visits and reduce the stress that may come with blood draws.

A Clinician's Guide to Providing Feedback to Families

Manual and videos that provide healthcare professionals with instructional support for leading a productive diagnostic feedback session.

Dental Professionals' Tool Kit

Information that helps dental professionals better provide care for children with ASD.

EEG Guides for Parents and Professionals

Information about the EEG procedure and how to help children with ASD successfully prepare for and complete an EEG.

Exploring Feeding Behavior in Autism

Information to help parents and professionals better understand the underlying details around feeding issues.

Guide to Applied Behavior Analysis

An overview of ABA, how your child can benefit and where/how you can seek ABA services.

Introduction to Behavioral Health Treatments

An overview for parents of children with ASD of in-home strategies as well as tips to teach and increase desirable behaviors and decrease behavior challenges.

Managing Constipation in Children with Autism

Strategies and resources for parents of children with autism who have problems with constipation and difficulties treating it.

Medication Decision Aid

Tools to help parents clarify their values and goals and then talk with their child's healthcare provider about the options, benefits and possible downsides of medications.

Pica Guides for Parents and Professionals

Information about pica, its signs, symptoms and ways to treat and prevent it.

Puberty and Adolescence Resource

Guidance for parents on the subject of puberty that can be directly applied to pre-teens with ASD.

Melatonin and Sleep Problems

Information about melatonin and how to decide if trying melatonin is right for your child.

Strategies to Improve Sleep Tool Kit

Strategies to improve sleep in children with autism. Separate guide for sleep strategies specifically for teens available as well.

Toilet Training Guide

Tips to help caregivers increase toileting success and advice on preparing schedules, routines and visual supports.

Tools for Successful Vision Exams

Video and teaching story to help prepare for trips to the eye doctor.

Visual Supports and Autism Spectrum Disorder

A step-by-step, easy-to-understand introduction to visual supports and the ways that parents and other caregivers can begin using them.